FROM FATHER BILL: We begin the HOLY SEASON of LENT this Ash Wednesday. Come to Church and be signed with the Cross of Jesus and begin this Sacred time of prayer, sacrifice, almsgiving and love of the Poor. Repent and believe in the Good News by sacrificing and entering into our spiritual activities such as Rice Bowl, daily Mass, Stations of the Cross, special prayer devotions, Lenten Communal Penance Service and many other holy activities. The color of this Season is PASSION PURPLE. We need to experience a conversion and change our ways. How about trying to become a SAINT this LENT. When we receive ASHES on Wednesday we are challenged to walk the road of Lent to Easter with Jesus. THROATS WILL BE BLESSED AT OUR MASSES THIS WEEKEND!

LENT AT OUR PARISHES

Ash Wednesday Sunday and Daily Mass Friday Stations of the Cross Rice Bowl

Rice Bowl Calendar and Daily Spiritual Activities
Sacrifice, Fasting and Praying
Dedication to the "Called To Be Church" Process
Sacrament of Reconciliation, every Saturday, 3:00 pm at St. Pauls
Sunday Latin Confessions at St. Peters
Joint Parish Lenten Communal Penance Service, St. Peters, Sat., March 15, 1:00 pm
Making a WEEKLY Silent Holy Hour at St. Pauls' Adoration Chapel
Loving One Another as Jesus Loves Us

ASH WEDNESDAY (February 6) MASS SCHEDULE: ST. PAUL – 8:00 am and 7:00 pm – both Masses in the Upper Church. ST. PETER – 12 NOON – English and 6:30 pm – Latin. Ashes will be distributed after the homily at each Mass. Please bring an envelope for taking Ashes home to those who are homebound or sick.

LENTEN FASTING: Ash Wednesday and Good Friday are days of fast and abstinence – NO MEAT. It is the custom of the Albany Diocese to abstain from meat the Fridays (not binding under pain of sin) of Lent. If we choose not to abstain from meat on Fridays, we are asked to make a donation to the poor and needy.

STATIONS OF THE CROSS:

ST. PAUL (ENGLISH) – 3:00 pm - the Fridays of Lent except Good Friday. ST. PETER (LATIN) – following the NOON Mass each Friday except Good Friday.

RICE BOWLS ARE TO BE FOUND at the entrances of our Church TODAY. Please take one home and instead of having dessert, make an offering to the poor and hungry by placing a donation into the "Bowl" each day of Lent. Rice Bowl returns should be made by Easter Sunday. WHAT IS OPERATION RICE BOWL? Operation Rice Bowl is the Lenten solidarity program of Catholic Relief Services. We can use Operation Rice Bowl as a way to "break bread" together with family and loved ones. BOTTOM LINE – FAST IN SOLIDARITY WITH THOSE WHO ARE HUNGRY, GIVE CONCRETE ASSISTANCE TO THOSE MOST IN NEED. Please, remember the hungry!!

BULLETIN INSERT: Please use the "Guide for Lent" insert found in todays' Bulletin.